



# Building Better Futures

for the Individuals we support

**ATTUNED PROGRAMMES**  
*Ireland*



# Outreach & Community Services

## What can you expect?

Each program is tailored and attuned to the needs of each individual and would draw on the modalities of all professionals involved within the service, including the HSE. This requires intensive collaboration to ensure that the supports and plans that are in place are sufficiently focused on the areas of support that are needed the most to empower individuals to achieve the outcomes that they desire. We do this by providing robust support that is reviewed regularly and regularly assesses the needs of each individual. The input and attunement of the appropriate supporting structures and professionals with each individual will support the desired outcomes of each programme.



### Programme Of Care

The Social Care team devise a routine support/behaviour support plan to support Individuals' routines and consistency while living at home. This will include emotional support and support around the building up of one's autonomy and help individuals reach their full potential.



### Social Care Led Team

Our skilled, motivated and qualified teams of Social Care team are led by a suitably experienced and qualified Management team in order to ensure compliance with all relevant legislation, regulations, and standards, and to continuously monitor and evaluate the quality of care provided to ensure that it meets the needs of each individual and family. Our teams are fully trained in mandatory trainings along with other specific training such as Therapeutic crisis intervention.



### Home Supports

Our Social Care team will support individuals daily in their homes and communities to ensure that they feel safe, listened to and cared for. The team will utilise different approaches and techniques to promote good habits and empower individuals to grow in terms of independent living skills and encourage integration into society. The team will work alongside the individual in full transparency to ensure that the relationships can develop.



### Additional Supports

**Transport:** If required transport can be provided by the Social Care team when necessary. **On-Call Support** is provided 24-hours a day to support each individual when they may need assistance within the home during crisis situations. On-call support will be available from 9am-5pm from the managers and the on-call support system will be available for all other hours outside of this.

To inquire about referral please contact:

01574 7504 / 0830730651 or [referrals@attunedprogrammes.ie](mailto:referrals@attunedprogrammes.ie)

# Mental Health Services

## Outreach Services for adults

Attuned Programmes Outreach Service, is designed to support individuals 24 hours per day, 7 days per week, delivering personalised care tailored to the individual's needs, nurturing their independence and community integration, in their journey towards a healthy and fulfilling life.

Our outreach services is available all year and we accept referrals through formally through the HSE or private individuals.

### Our outreach services can be outlined as follows

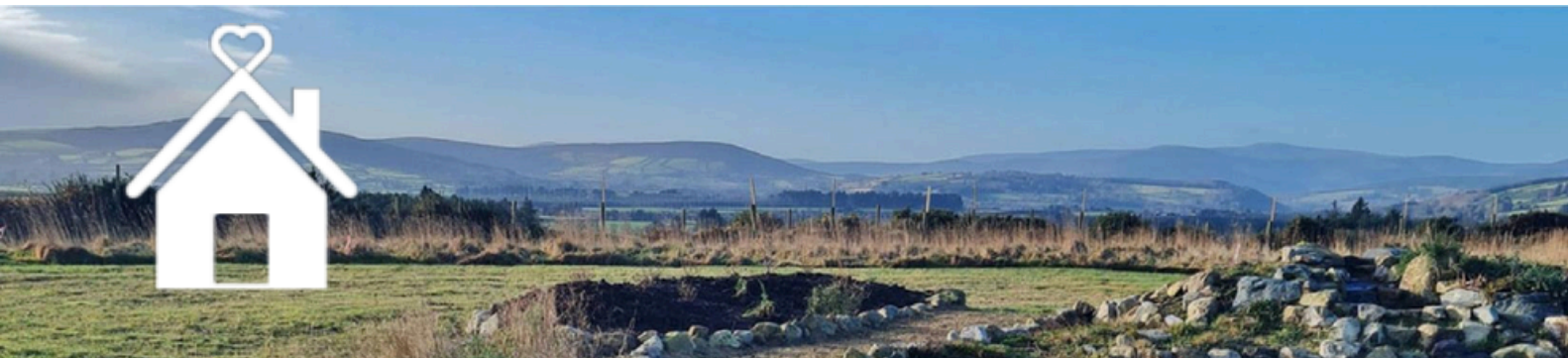
Outreach Services (supporting an individual's to develop their skills to live independently in their community)  
Home support hourly support or wraparound services)  
Independent Living Skills & Life-Long Learning

- Personal Care
- Cooking & Cleaning
- Numeracy & Literacy Skills
- Budget & Money Management
- Social Inclusion through Active Citizenship
- Employability



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# ATTUNED PROGRAMMES IRELAND

Attuned Programmes Ireland was founded in 2019 to respond to the needs of individuals at risk of homelessness. Since then, we have expanded all over Ireland to include Mental Health, Aftercare and ID services within the community. We provide bespoke and attuned programmes for service users to support and guide them towards a positive future.



## Our Mission

To provide attuned services for children, young people and adults who need support, consistency and stability to reach their full potential. We do this by providing holistic care and are fully committed to the development and wellbeing of children, young people and adults on their journey in life.

## Our Vision

Our vision is to achieve positive outcomes for each individual that we support. We aim to create an environment that empowers individuals towards growth and a brighter future for themselves.

## Our Values

Empowerment Trauma Informed Attunement Safe

Uncertainty Accountability Inclusive

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