

# Tranquil Setting

Located just 5.9 kms from Ashford village, Knockadreet Lodge offers a peaceful rural environment ideal as a mental health rehabilitation and continuing care centre for adult residents

Large, spacious and homely residential house in Wicklow



Enjoy the privacy and security of our electronically gated driveway, ensuring a safe and secluded environment for all residents.

Providing individualised person-centred services

## 01 Comfortable Living Spaces

Our combined kitchen and living room provides a cozy and welcoming space for communal activities and relaxation.

## 02 Personalized Bedrooms

Each bedroom, including several en-suite options, is designed to offer comfort and privacy, supporting individual mental health needs.

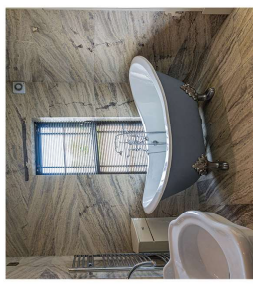
## 03 Therapeutic Garden

Our back garden features benches and a covered pond, with plans to develop a relaxation area filled with flowers and a soothing water feature.

# Supports decision-making & autonomy & personal choices



Combined kitchen/living room to the right of the front door  
Island with integrated breakfast table and seating  
Dining table and chairs



Plans for a relaxation area in the garden will include input from residents, fostering a sense of community and personal Involvement in their care.

# Service Philosophy

Provides bespoke services for adult residents with long-term, enduring mental health difficulties.  
Focuses on person-centred and individualized care plans  
Strives to create a supportive and nurturing environment



An office located at the entrance ensures that staff and support services are readily available to support residents.



**ATTUNED PROGRAMMES**  
*Ireland*

**Experience of a soothing environment designed to stimulate wellbeing and enhance relaxation**



## **Knockadreet Lodge**



- Music Therapy**
- Relaxation and Gardening Groups**
- Sensory Room**
- Breakfast Club**
- Walking Groups**
- Psycho-Education**



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**A serene retreat for mental health rehabilitation and well-being, nestled in the tranquil Wicklow countryside.**

Attuned Programmes provide bespoke services which include outreach, aftercare, alternative aftercare, therapeutic residential, respite, residential disability services and shortly we will also offer community-based residential mental health services. We assess the needs of the young person or adult in collaboration with the professionals involved in care and wellbeing.

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